

Special Thanks

This tournament has been the brain child of the event committee for some time. We hope that you enjoyed our inaugural event, and we plan to make it even bigger for next year's event. Putting an event like this together, takes a lot of man-power, and we can't thank everyone who helped us enough. While we couldn't possibly list everyone who helped us with this event, below are a few of the people who made it possible!

Event Committee

Sensei Chris Weaver
Sensei Erik Hofmeister
Sensei Ken Blumreich
Sensei Sherrie Hines

Volunteers

Ashley Bono	Russell Goetze
Lauren Coyne	Sarah Stennett
Martha Vang	Nate Carter
Matthew McCandless	
Robert Bishop	

Contributors

Robert Betz and the staff of the East Athens
Community Center

1ST ANNUAL ATHENS MARTIAL ARTS TOURNAMENT

LOCATION: East Athens Community Center

Start Time: From 1:30pm on
April 14, 2012

**This Competition is Free for All
Spectators to Attend!**

If you are interested in competing, please speak with your instructor and have him or her contact Sherrie Hines at 706-369-6449 or gtp@uga.edu

SPONSORED BY: AKF Athens Martial Arts,
Athens Yoshukai, Clarke County Yoshukai,
& the UGA Karate Club

April 14, 2012

Welcome

Registration

From 1:30 – 2:00pm, competitors will register for their events. The tournament will begin promptly at 2pm with a quick explanation of the rules of each event.

Open-Hand Kata (Forms without weapons)

Competitors will compete with their chosen kata in divisions based on rank and age (as appropriate). This is an open tournament meaning that Competitors from different styles (Karate, Taekwondo, Kyuki-do, etc) will be competing against each other. Competitors will be judged on their technique, power and spirit!

Board Breaking

Competitors will compete in speed breaking (breaking a set number of boards in quick succession using different techniques) or power breaking (breaking a large number of boards with a single technique).

Boards may be purchased at the event for \$5.00 for 2 boards.

Event Schedule

Kumite (Sparring)

Point Sparring – light contact fighting where individuals score points by being the first to strike either their opponents torso (above the belt) or headgear. Leg kicks are allowed if they are followed up immediately by a hand technique. Divisions are divided by rank, age and gender (as appropriate).

Semi-Knockdown Sparring – full-contact fighting with pads and protective gear. No strikes are allowed to the head. Leg kicks are allowed. Divisions are divided by rank, age and gender (as appropriate).

Grappling – Competitors wrestle until they are successfully able to pin their opponent for 25 seconds or they are able to submit their opponent by applying a choke, arm-bar or some other legal technique. Strikes are *not* allowed. Divisions are divided by rank, age and gender (as appropriate).

Kyuki-do Sparring – This event consists of three rounds of fighting, one round of stand-up fighting, one of stand-up fighting with throws,, and one round of grappling. Divisions are divided by rank, age and gender (as appropriate).

Demonstrations

There will be demonstrations of self-defense and traditional weapons.